Kimberly L. Evans, MD F.A.C.O.G.

Sugar Land Medical Spa

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# PROFILE

I am highly motivated and professional Ob/Gyn Physician who believes that strong ethical standards and hard work are keys to success. I am board certified in obstetrics and gynecology. However, due to a special interest in the advancement of sexual health and overall wellness, I further specialized into the field of Cosmetic Gynecology, Regenerative medicine, Body contouring, and Hormone balancing. Through the years, I have found this is a much-needed field of medicine that affects a lot of people from many different backgrounds. And it is necessary to bring these research proven modalities and techniques together to help people, empower them and make them feel amazing.

# CURRENT EXPERIENCE

# Primary Office

# Sugar Land Medical Spa 2/2014 to present

# Kimberly L Evans MD

# 1441 Highway 6, Suite 200

# Sugar Land, TX 77478

Affiliate Hospitals/ Medical Clinic

Methodist Sugarland Hospital 4/2012 to present

Ob/Gyn Physician Staff, Quality Care Committee Member

16655 Southwest Freeway

Sugar Land, TX 77479

Memorial Hermann Sugarland Hospital 8/2013 to present

Ob/Gyn Physician Staff

17500 Grand Parkway South

Sugar Land, TX 77479

# PREVIOUS EXPERIENCE

St Luke’s Sugarland Hospital; Sugarland, TX

Ob/Gyn Physician Staff

12/2015 to 3/2023

Hillcroft Medical Clinic Association; Houston, TX

Ob/Gyn Physician Member, HMC Secretary

9/2011 to 9/2020

Navarro Regional Hospital; Corsicana, TX

OB/Gyn Physician Staff, Chief of Staff 2011

2006 - 9/2011

# EDUC A TION

**Internship/ Residency**

Good Samaritan Hospital; Cincinnati, OH. OB/Gyn Residency Program Completed Ob/Gyn Residency, 2004 -2006

Medical College of Ohio; Toledo, OH. Ob/Gyn Residency Program Internship/Residency Ob/Gyn, 2002 - 2004

# Medical School

MCP-Hahnemann School of Medicine/Drexel; Philadelphia, PA

Doctor of Medicine Degree Received, 1998 - 2002

# Post Baccalaureate Course

Southern Illinois University Carbondale; Carbondale, Il MEDPREP Program, Certificate of Completion 1997 - 1998

Yale University; New Haven, CT

Medical Education Program, Certificate of Completion, 1996

# College

University of Wisconsin - Milwaukee; Milwaukee, WI Bachelor of Science Degree, 1991 - 1996

# PROFESSIONAL LICENSE

Texas State Board of Medical Examiners Texas State Medical License M4995 (12/2006-present)

# BOARD CERTIFICATION

American College of Obstetrics and Gynecology Board Certified (2010-present)

# PROFESSIONA L ORGANIZATIONS

American College of Obstetricians and Gynecologists (2010 to present)

Fellow of the American Congress of Obstetricians and Gynecologists (2011-present)

Texas Medical Association (2018 to present)

Alpha Kappa Alpha Sorority (1992 to present)

AKA Sorority-Alpha Kappa Omega Chapter, Houston (2017 to present)

International Association for Physicians in Aesthetic Medicine (2014 to present)

International Society for the Study of Women’s Sexual Health (2023 to present)

Cellular Medicine Association (2015 to present)

International Society of Cosmetogynecology (2019 to present)

The Aesthetic Show Faculty (2019- 2022)

American Med Spa Association (2019-present)

Aesthetic Multispecialty Society (2020-present)

O-Shot Expert Panel (2021-2022)

**PRESENTATIONS**

Evans, K (2016, July). The Art of Feminine Rejuvenation, Ob/Gyn Perspectives What Women Want. Lecture conducted at The Aesthetic Show. Las Vegas, Nevada

Evans, K (2017, January) Noninvasive Labia and Vaginal Tightening: BTL Ultra Femme 360. Lecture conducted at the ISCG 10th World Conference. Plantation, Florida

Evans, K (2017, March) Advances in Feminine Rejuvenation. Webinar for BTL Aesthetics.

Evans, K (2017, March) BTL Exilis Ultra 360. Lecture conducted at BTL Aesthetics Workshop. Phoenix, Arizona

Evans, K (2017, April) From the Bench to the Bedside and Beyond. ASLMS Symposium. San Diego, California

Evans, K (2017, April) Where Science Meets Beauty, Feminine Rejuvenation. Lecture conducted at The Aesthetic Show. Las Vegas, Nevada

Evans, K (2017, October) Women’s Health Seminar, Exploring the Science of Vaginal Rejuvenation. Lecture conducted. Englewood, Colorado

Evans, K (2017, November) BTL Vanquish ME, Shape your body. Lecture conducted for NW Aesthetics, Boot Camp. Seattle, Washington

Evans, K (2017, November) BTL Exilis 360, Exploring the Science. Lecture conducted for NW Aesthetics, Boot Camp. Seattle, Washington

Evans, K (2017, November) BTL Cellutone, Shape your body. Lecture conducted for NW Aesthetics, Boot Camp. Seattle, Washington

Evans, K (2017, November) The Non-Invasive Mommy Makeover. Lecture conducted for The Aesthetic Academy. Newport Beach, California

Evans, K (2018, February) Radio-frequency Volumetric Heating for Vaginal Laxity treatment: Effect on Sexual Satisfaction. Research presentation for International Society for the Study of Women’s Sexual Health, Inc. San Diego, California

Evans, K (2018, March) Combination Therapy to Optimize Sexual Health in the Modern World. Lecture for Flow Aesthetics. Houston, Texas

Evans, K (2018, April) The Art of Aesthetics, UltraFemme 360. BTL Customer Success Tour 2018. Newport Beach, California

Evans, K (2018, June) Intro to Intimate Wellness. Lecture for Flow Aesthetics. Woodlands, Texas

Evans, K (2018, July) The Art of Feminine Rejuvenation: Intimate Health and Wellness with the UltraFemme 360. Lecture for The Aesthetic Show. Las Vegas, Nevada

Evans, K (2018, July) Women’s Health Revolution: Non-Invasive ways of Improving Sexual Dysfunction. Lecture for The Aesthetic Show. Las Vegas, Nevada

Evans, K (2019, January) Non-Invasive Ways of Improving Sexual Dysfunction. Webinar for Cellular Medicine

Evans, K (2019, March) BTL Emsella. Presentation at The ACOOG 86th Annual Conference. New Orleans, Louisiana

Evans, K (2019, July) The Hype in Hormone Therapy for Men and Women. Lecture for The Aesthetic Show. Las Vegas, Nevada

Evans, K (2019, July) Redefining Possibilities Beyond Beauty: BTL Emsella.

Presentation for The Aesthetic Show. Las Vegas, Nevada

Evans, K (2019, July) Sexual Health in Aesthetics: Understanding and Maneuvering the Sexual Revolution of Aesthetics of Women. Lecture for The Aesthetic Show. Las Vegas, Nevada

Evans, K (2019, September) Practicing Better Medicine, Less Insurance. Lecture for Flow Aesthetics. Houston, Texas

Evans, K (2019, October) BTL Emsella: A Breakthrough Treatment for Incontinence. Lecture for The ACOOG 2019 Conference: Advances in Women’s Healthcare. Columbus, Ohio

Evans, K (2019, November) BTL Emsella for Treatment of Incontinence. Lecture for The Aesthetic Academy. Dallas, Texas

Evans, K (2020, December) Webinar, BTL Aesthetics: How to Generate Revenue in an Insurance Based Practice

Evans, K (2021, June) BTL Event Speaker: Non-Aesthetic Mommy Makeover, Let's talk about Sex.

Nashville, TN

Evans, K (2021, November) BTL Event Speaker: Aesthetic Wellness Summit: Let's talk about Sex.

Houston, TX

Evans, K (2022, January) American Medical Spa Association Speaker: Feminine Sexual Wellness.

Las Vegas, NV

Evans, K (2022, April) BTL Event Speaker: Strong is the new sexy: Pelvic Power. Miami, FL

Evans, K (2022, May) BTL Event Speaker: The Aesthetic Wellness Summit, Pelvic Power. Dana Point, CA

Evans, K (2022, September) Aesthetic Multispecialty Society, Advancing Your Practice in the Field of Sexual Aesthetics. Online webinar

Evans, K (2022, September) BTL Evans Speaker, Incorporating Sexual Health into Your Aesthetic Practice. Woodlands, TX

Evans, K (2022, October) BTL Event Speaker, Incorporating Sexual Health into Your Aesthetic Practice. Cipriani, NY

Evans, K (2022, October) BTL Evans Speaker, Incorporating Sexual Health into Your Aesthetic Practice. Cleveland, OH

Evans, K (2022, November) BTL Event Speaker, Incorporating Sexual Health into Your Aesthetic Practice. Denver, Colorado

Evans, K (2022, December) BTL Event Speaker, Incorporating Sexual Health into Your Aesthetic Practice. Orlando, Florida

Evans, K (2023, February) American Medical Spa Association Speaker: Sexual Wellness Treatments for Women. Las Vegas, NV

Evans, K (2023, May) American Medical Spa Association Speaker: Panel Discussion on Advancing your Medical Spa

**AWARDS**

BTL Aesthetics Luminary/ KOL influencer, 2018

Oshot Trainer, Cellular Medicine 2018

BTL Physician Award 2018

Biote Certified Provider, Legacy Status, 2019

Ft Bend Best in Hormone Balancing, Living Magazine, 2019

Ft Bend Best in Weight Loss, Living Magazine, 2019

Ft Bend Best in Hormone Balancing, Living Magazine, 2020

Ft Bend Best Med Spa, Living Magazine, 2020

Ft Bend Best Weight Loss, Living Magazine, 2020

Ft Bend Best in Hormone Balancing, Living Magazine, 2021

Ft Bend Best Med Spa, Living Magazine, 2021

Ft Bend Best in Facial Treatments, Living Magazine, 2021

Ft Bend Best Weight Loss, Living Magazine, 2021

Ft Bend Best Med Spa, Living Magazine, 2022

Ft Bend Best in Hormone Balancing, Living Magazine, 2022

# RESEARCH / PUBLICA TIONS

Predicting Fetal Lung Maturity with Maternal Serum and Salivary levels of Estriol. Poster presentation at the 2007 ACOG Annual Clinical Conference

Radio Frequency Volumetric Heating for Vaginal Laxity Treatment and Effects on Sexual Satisfaction. Abstract presented 2018, ISSWSH Conference

BTL Emsella for Urinary Incontinence and Shows Increase in Sexual Satisfaction

Abstract presented 2020, ASLMS Conference, 2022 ISSWSH Conference

Sexual Wellness, Optimize your relationship, Pleasure, and Sexual Health,

Co-Author, 2020 with Dr Charles Runels, et al

Prospective Multi Center Study on long-term effectiveness of HIFEM for treatment of urinary incontinence and Female Sexual Dysfunction, Co-Author, 2023 with Dr Joseph Bernholz et al

BTL Devices for Women’s Intimate Wellness, 2023. Co-Author, ongoing

Clinical Trial on Efficacy of Carboxy Gel in Treatment of Female Sexual Dysfunction Symptoms due to Vaginal Aging, 2023. Co-Author with Dr Red Alinsod and Dr Gustavo Leibaschoff, ongoing

**MEDIA**

The Aesthetic Guide, BTL Supplement. Eight Minute Circumferential Vaginal RF Breakthrough Transforms Feminine Rejuvenation (2019, April)

Modern Aesthetics, Putting the O in Intimacy: Ultra Femme (2019, January)

Real Self Video Testimonial, Dr Evans discusses Feminine Rejuvenation

Living Magazine, Ft Bend Edition: Leading Women 2018, 2019. Top Healthcare 2019

Living Magazine, Memorial Edition, Feb 2020: Re-Ignite your passion

Living Magazine, Ft Bend Edition: Top Docs Edition 2020

Living Magazine, Ft Bend Edition, Feb 2021: Love is in the air

Living Magazine, Ft Bend Edition, May 2022: Leading Women

New Beauty Magazine, 2022, EmFemme 360

InStyle Magazine, 2022, EmFemme 360

The Aesthetic Dish, 2023, Online podcast on Med Spa Sex 101